

Sunset Heal Lemon Grass Spa Offerings



Reiki Treatment – An Energetic Experience



Reiki Treatment – An Energetic Experience (& Many Times a Healing One – [Read Testimonials](#))

The Reiki treatment itself consists of the practitioner placing their hands gently on or slightly above your body to start the flow of Reiki energy.

Reiki is the simple intent to share healing. The Reiki energy itself is intelligent for it knows where to go and what to do. The Reiki practitioner does not direct the energy nor is it necessary to study complex theories of the universe in order to use it. It is simply the intent which causes the Reiki energy to flow and intent which directs it.

There is a treatment protocol traditionally taught to Reiki practitioners which involves a series of hand positions. These positions are well spaced along the clients body and together they provide good coverage of the clients entire body.

While the energy does go where it is most needed, it is frequently observed that it stays near where the practitioner has placed his or her hands. By covering all parts of the body evenly the patient will, by default, get the best treatment possible.

Most Reiki practitioners use intuition or other methods to say which positions are to be used in each healing, varying from the traditional positions as the situation warrants. One common method is the sweep in which the practitioner sweeps his or her hands through the clients energy field looking for hot spots.

These indicate places needing healing energy. Hand positions vary along the length of the body, from the head, face, neck, throat, heart region, stomach, hips, thighs, calves and feet, and corresponding positions along the back.

Following your treatment your Practitioner will gently wake you. Very often during treatment you will drift into a twilight state of awareness. While fully aware, you may be in a deep state of relaxation. You will be allowed to rest comfortably, perhaps offered a drink of juice or water, then permitted to don your shoes and prepare to depart for the remainder of your day or evening.



The feeling of rest and relaxation will stay with you for hours or even days following treatment. In many cases, healings occur. Beatrice has many client testimonials which confirm amazing healings.

It is the Joy of Reiki that you can only understand and appreciate after your first session.

Listen to What Others Say:

*“Beatrice has a wall full of degrees and certifications in fields such as Reiki, Theta DNA and Aromatherapy and she specializes in Massage Therapy for physical ailments. She has had **success in helping stroke victims** recover from facial paralysis which I found impressive. I always saw that as a permanent condition but the nerve and muscle damage can be repaired or retrained.*

*I’ll confess to not knowing much about exactly what Beatrice does but I can tell you she knows what she is doing. She is an intelligent and articulate woman who speaks with confidence and I’m **impressed with her ideas on healing and alternative medicine**. I was most intrigued by what I learned about DNA Theta Healing but you can get Reiki and Massage treatments as well. **Theta Healing may hold some promise for my autistic son** and we’re exploring ways she can help us with his condition.” www.jamaicamax.com*

Healings Experiences at Sunset Heal -- At Sunset Heal we have testimonials from many clients who have experienced amazing results from the Sunset Heal Spa treatments. Those clients include individuals suffering from: cancer, epilepsy, neurological disorders, fibromyalgia and a host of other theoretically incurable diseases.

Contact Sunset Heal Mountain Retreat and Healing Center

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