

## *Sunset Heal Lemon Grass Spa Offerings*



### *Salt Scrub – Also Known as the “Salt Glow”*



#### Salt Scrub – Also Known as the “Salt Glow”

A salt glow (also known as a salt scrub or sea salt scrub) is one of the most popular body treatments at the spa. The primary purpose of a salt glow is to exfoliate your skin.

A salt glow also hydrates your skin because the salt is combined with oil and usually some aromatic like lemon or lavender. The salt glow is followed by a shower and an application of body lotion, and leaves your skin feeling very soft and fragrant.

When you're finished, you'll step into a shower to rinse off all the salt. You can also combine a salt glow with a massage. We recommend getting the salt glow first because it is stimulating, whereas the massage calms you down.

Sunset Heal has a Signature Treatment that includes both the salt glow and a massage. To learn more about the signature treatment, [click here](#).

**Listen to What Others Say:**

*“Beatrice has a wall full of degrees and certifications in fields such as Reiki, Theta DNA and Aromatherapy and she specializes in Massage Therapy for physical ailments. She has had **success in helping stroke victims** recover from facial paralysis which I found impressive. I always saw that as a permanent condition but the nerve and muscle damage can be repaired or retrained.*

*I’ll confess to not knowing much about exactly what Beatrice does but I can tell you she knows what she is doing. She is an intelligent and articulate woman who speaks with confidence and **I’m impressed with her ideas on healing and alternative medicine.** I was most intrigued by what I learned about DNA Theta Healing but you can get Reiki and Massage treatments as well. **Theta Healing may hold some promise for my autistic son** and we’re exploring ways she can help us with his condition.” [www.jamaicamax.com](http://www.jamaicamax.com)*

**Healings Experiences at Sunset Heal** -- At Sunset Heal we have testimonials from many clients who have experienced amazing results from the Sunset Heal Spa treatments. Those clients include individuals suffering from: cancer, epilepsy, neurological disorders, fibromyalgia and a host of other theoretically incurable diseases.

Contact Sunset Heal Mountain Retreat and Healing Center

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